

FD MealPlanner Instructions

1. <https://www.fdmealplanner.com/#menu/mp/Springfield>
2. Create an account or log in

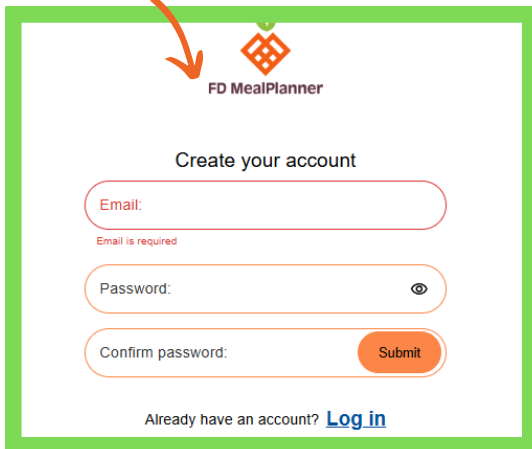


FD MealPlanner

Log In Sign Up

3. Enter information into required fields.

Your Information



FD MealPlanner

Create your account

Email:

Email is required

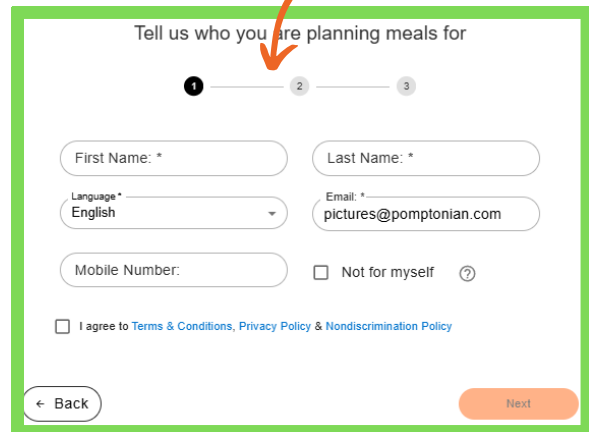
Password:

Confirm password:

Submit

Already have an account? [Log in](#)

Your Child's Information



Tell us who you are planning meals for

1 2 3

First Name: *

Last Name: *

Language *

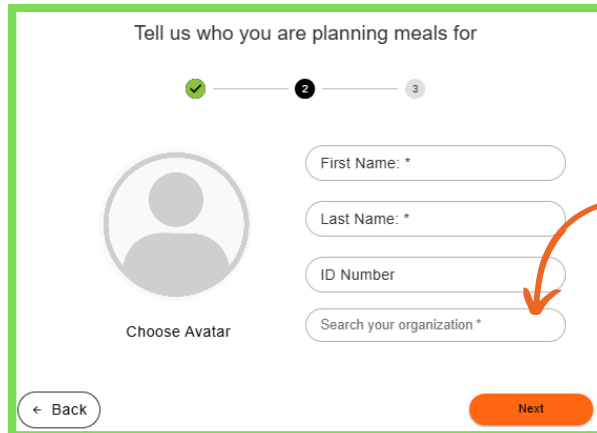
Email: *

Mobile Number:

☐ Not for myself ?

☐ I agree to [Terms & Conditions](#), [Privacy Policy](#) & [Nondiscrimination Policy](#)

Back Next



Tell us who you are planning meals for

1 2 3

Choose Avatar

First Name: *

Last Name: *

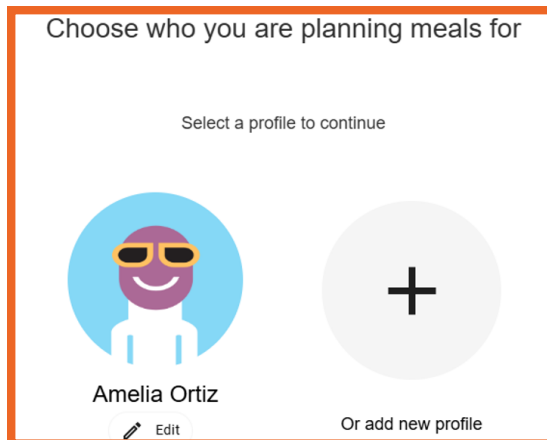
ID Number

Search your organization *

Back Next

Select Your
Child's School

4. Log in & Select Profile



Choose who you are planning meals for

Select a profile to continue


Amelia Ortiz
Edit


Or add new profile

FD MealPlanner Instructions

5. Select Meal Period
6. Select Grade Level, if Applicable
7. Select Week/Month

Select meal period for Amelia

 Lunch

 Gluten-Safe Lunch

 Sesame-Safe Lunch

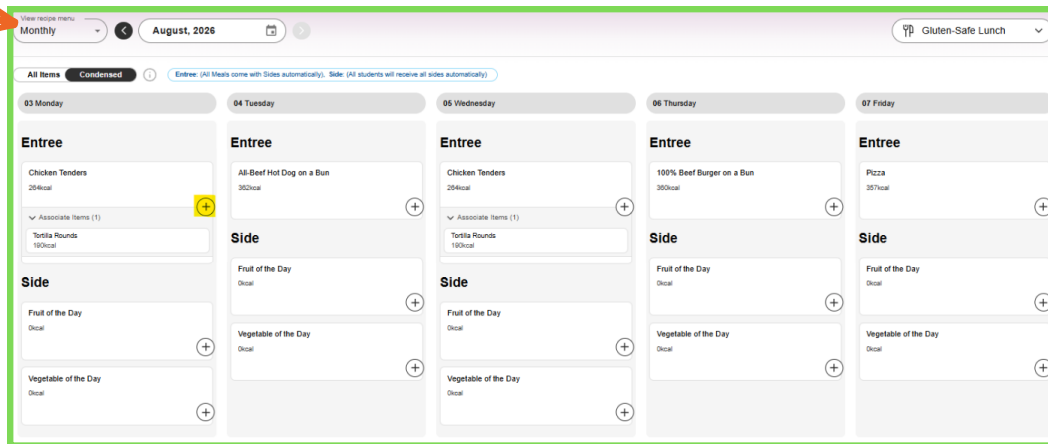
 Soy-Safe Lunch

 Dairy-Safe Lunch

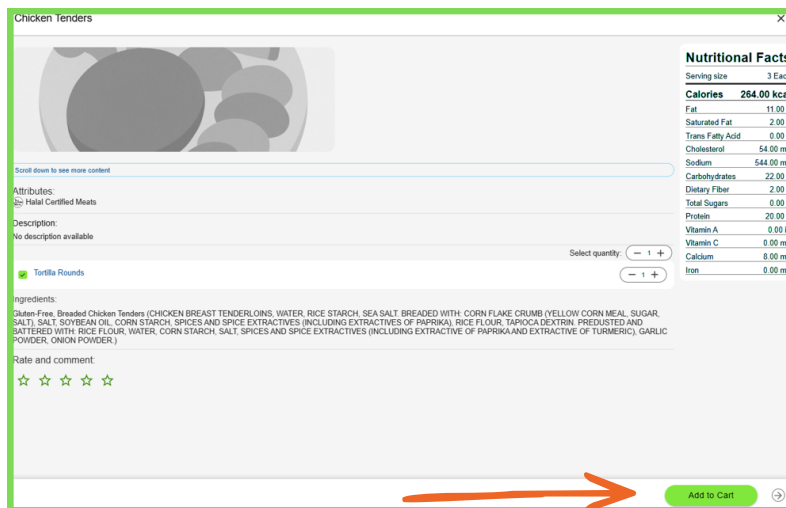
 Egg-Safe Lunch

By selecting the meal period, you agree to our [Terms & Conditions](#) and [Privacy Policy](#)

← Back to organization selection



The screenshot shows the main menu with a calendar for August 2026. The 'Monthly' dropdown is highlighted with an orange arrow. Below the calendar, there are tabs for 'All Items' and 'Condensed'. The 'Condensed' tab is selected, showing a grid of meal options for each day of the week. Each day's menu includes an 'Entree' and a 'Side' section. The 'Entree' section has a '+ Add to Cart' button. The 'Side' section has a '+ Add to Cart' button. The 'All Items' tab is also visible, showing a list of items with their nutritional facts.



The screenshot shows the 'Chicken Tenders' item page. It includes a large image of the item, a 'Nutritional Facts' table, and a 'Description' section. The 'Add to Cart' button is located at the bottom right of the page, highlighted with an orange arrow.

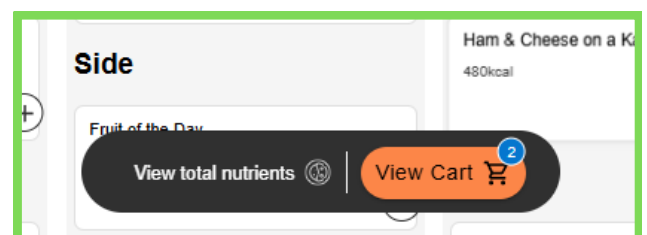
Serving size	3 Each
Calories	264.00 kcal
Total Fat	11.00 g
Saturated Fat	2.00 g
Trans Fatty Acid	0.00 g
Cholesterol	54.00 mg
Sodium	544.00 mg
Carbohydrates	22.00 g
Dietary Fiber	2.00 g
Total Sugars	0.00 g
Protein	20.00 g
Vitamin A	0.00%
Vitamin C	0.00%
Calcium	8.00%
Iron	0.00%

8. Select desired entree and milk variety. Fruit and vegetable will automatically be provided.

9. Click "Add to Cart"

10. If ordering for the entire month, repeat steps 7 & 8 for each day of the month

11. Click on the cart icon that appears on the bottom center of the screen



The screenshot shows the bottom of the app interface. There is a dark bar with two buttons: 'View total nutrients' and 'View Cart'. The 'View Cart' button has a shopping cart icon and a blue badge with the number '2'.

12. The checkout screen will load
13. Select Time Slot (child's lunch period)
14. Select Delivery Point
15. Choose Payment Mode: Enter your student's ID
16. Lastly, Click Place Order

- ★ You can also pre-order your child's lunch on the FDMealPlanner App
- ★ Please add funds to your child's lunch account through PaySchools Central
- ★ Meals must be ordered no later than 10pm, 7 days prior to date of service
- ★ If your student will be absent on a day that lunch was ordered, please email the Food Service Director at pomptonian@springfieldschools.com before 8:30am on the morning the student is absent.